

Mental Health

Health and care providers across Hull, East Yorkshire, Northern Lincolnshire, Scarborough and York are working collaboratively to ensure we have mental health services that are built around the needs of the local population now and in the future.

This is a tremendous opportunity to transform mental health services and integrate them with physical health services to achieve parity of esteem.

A number of priority areas for the Mental Health work stream have now been agreed by the Mental Health Delivery Board.

These are:

- Out-of-area mental health placements for all-age adults
- Access to crisis and liaison services
- Community mental health teams
- Perinatal mental health services
- Health and justice for adults, children and young people
- Older people and dementia

These priorities align with NHS England's Mental Health Delivery Plan and the NHS Five Year Forward View. A clinical lead and a working group for each priority have been agreed and Project Leads will be responsible for agreeing the scope, definition, timelines and outcomes of each project.

The Humber Coast and Vale STP Mental Health work stream is led by:

Michele Moran Senior Responsible Officer
Alison Flack Mental Health Programme Director

Find out more at

www.humbercoastandvale.org.uk

Why we need to change:

Poor mental health has a direct impact on **life expectancy**. Mortality rates are higher for people with serious mental illness than for the general population.

In Humber Coast and Vale 14% of people aged 16-74 are estimated to have a common **mental health disorder** – this varies from 11% in North Lincolnshire to 19% in Hull, against an England average of 15.62%.

Between 8.5 and 11% of **children** up to the age of 16 are registered in general practice as having any mental health disorder – this compares to an England average of 9%.

We have a higher prevalence of **mental health disorders in children**, and we know that the period from conception to age two is critical to equipping the developing brain for the best start.

In Humber Coast and Vale more people are admitted to hospital for **self-harm** than the England average. The rate for self-harm in Hull is almost twice that in North Lincolnshire and is significantly higher than the England average.

We have high **A&E attendances for psychosis and psychiatric disorders** and we need alternatives.

We have a significantly higher prevalence of **dementia**. Currently this is disproportionate in younger adults, and older adults are the fastest growing population. This is forecast to grow by 50% over the coming 20 years, along with high rates for risk factors, including smoking.

We need better follow-up services in place with the appropriate organisations. There is a lack of suitable **post-treatment** settings and we are reliant on out of area provision and high costs.

Solutions to these issues are not just 'medical'. We need to work with **voluntary and community organisations** across the STP area to address some of these challenges.