



Humber Coast and Vale Sustainability and Transformation Plan

FAQs

At a glance briefing:

The NHS Shared Planning Guidance asked each area to develop a proposed Sustainability and Transformation Plan footprint by 29 January 2016, engaging with local authorities and other partners on what this should look like.

The local, statutory architecture for health and care remains, as do the existing accountabilities for Chief Executives of Local Authorities and provider organisations and CCG Accountable Officers.

Health and care partner organisations across the NHS and Local Government in Humber Coast and Vale have been working together to develop the five year STP since April 2016.

In June 2016, we made the first submission to NHS England. Since then, we have been working towards a more detailed set of proposals that were submitted for further review and feedback on 21st October 2016.

Over the coming months we will build upon engagement with the public on the plan.

We have covered the background and general information about the STP and its processes in these frequently asked questions.

1. What are Sustainability and Transformation Plans (STPs)?

The NHS Shared Planning Guidance asked every local health and care system in England to come together to create their own ambitious local plan for accelerating the implementation of the Five Year Forward View (5YFV).

These blueprints, called Sustainability and Transformation Plans (STPs), are place-based, multi-year plans built around the needs of local populations. STPs will help drive a genuine and sustainable transformation in health and care outcomes between 2016 and 2021.

They will also help build and strengthen local relationships, enabling a shared understanding of where we are now, our ambition for 2021 and the concrete steps needed to get us there.

To deliver these plans NHS providers, Clinical Commissioning Groups (CCGs), Local Authorities, and other health and care services including the voluntary and community sector have come together to form 44 geographic areas, known as STP 'footprints' where people and organisations will work together to develop robust plans to transform the way that health and care is planned and delivered for their populations.

These footprints are of a scale which should enable transformative change and the implementation of the Five Year Forward View vision of better health and wellbeing, improved quality of care, and stronger NHS finance and efficiency.

2. Where can I read the plan?

The plan is available to read on your local CCG website:

<http://www.hullccg.nhs.uk/>

<http://www.eastridingofyorkshireccg.nhs.uk/>

<http://www.northlincolnshireccg.nhs.uk/>

<http://www.northeastlincolnshireccg.nhs.uk/>

<http://www.scarboroughryedaleccg.nhs.uk/>

<http://www.valeofyorkccg.nhs.uk/>

It is also available on the websites of our partner organisations.

The document itself is work in progress. What is important is that it sets out a roadmap for how we are going to deliver the principles contained in the Five Year Forward View and the New Models of Care to our patients and service users in Humber Coast and Vale.

3. What is happening in Humber Coast and Vale?

Health services, local authorities, providers and voluntary sector colleagues across our footprint are working together to develop a region-wide, place-based Sustainability and Transformation Plan (STP).

The Humber Coast and Vale Sustainability and Transformation Plan (HCV STP) covers six CCGs and six local authority boundaries. Our organisations are working to create the plan which will set out the proposals for the future direction of health and social care services across the region.

The challenges cover three main themes – the “triple aims”:

- Close the health and wellbeing gap
- Close the care quality gap
- Close the financial gap

The Humber Coast and Vale areas of focus are:

- Helping people stay well
- Place-based care
- Supporting people with mental health problems
- Creating the best hospital care
- Strategic Commissioning
- Helping people through cancer

Our proposals set out a vision of a better NHS, the steps we should take to get us there, and how everyone involved needs to work together. These are place-based plans written for, by, and with local people with the aim of ensuring we all receive better care, are healthier, and have health and care services which run more efficiently by early 2021.

4. Which organisations are involved in producing the HCV STP?

The Partnership Board is made up of NHS Commissioners, Providers and Local Authorities. These are:

- NHS East Riding of Yorkshire CCG
- NHS Hull CCG
- NHS North Lincolnshire CCG
- NHS North East Lincolnshire CCG
- NHS Scarborough and Ryedale CCG
- NHS Vale of York CCG
- NHS Humber NHS Foundation Trust
- Northern Lincolnshire and Goole NHS Foundation Trust

- Tees, Esk and Wear Valleys NHS Foundation Trust
- Hull and East Yorkshire Hospitals NHS Trust
- City Health Care Partnership CIC
- Navigo
- Rotherham, Doncaster and South Humber NHS Foundation Trust
- York Teaching Hospitals NHS Foundation Trust
- City of York Council
- East Riding of Yorkshire Council
- Hull City Council
- North Lincolnshire Council
- North East Lincolnshire Council
- North Yorkshire County Council
- Care Plus Group

5. How did you agree the STP footprints?

The NHS Shared Planning Guidance asked each area to develop a proposed STP footprint by 29 January 2016, engaging with local authorities and other partners on what this should look like. The footprints are locally defined, based on natural communities, existing working relationships, patient flows and take account of the scale needed to deliver health and social care services, transformation and public health programmes.

6. Will the footprints replace other local NHS governance structures?

No – the local, statutory architecture for health and care remains, as does the existing accountabilities for Chief Executives of Local Authorities and provider organisations and CCG Accountable Officers.

This is about ensuring that organisations are able to work together at scale and across communities to plan for the needs of their population, and help deliver the Five Year Forward View – improving the quality of care, health, and NHS efficiency by 2020/21.

7. How does the STP fit with other health and care footprints?

The boundaries used for STPs will not cover all planning eventualities. For example, neighbouring STP areas will need to work together when planning ambulance services or working with multiple local government authorities or where there are specialist clinical networks such as stroke, urgent care and mental health.

8. How will other partners be involved?

We know we cannot transform health and social care without the active engagement of the clinicians and staff who actually deliver it, nor can we develop integrated care services, such as care closer to home, without understanding what our communities want and without our partners in local government.



We will build on existing engagement through all the channels available to us and will actively seek public involvement with the development of the ideas in the plan.

9. Are you paying consultants to carry out this work?

We have to develop a plan to deliver the objectives of the Five Year Forward View and transform services across Humber Coast and Vale for the benefit of 1.4m people at pace. We have engaged external consultants to provide additional capacity and expertise to support our clinicians and managers in designing our future care models while still delivering their very challenging “day jobs”.

The intention is to use this year to develop the skills of our own workforce to continue this work as we move beyond design and into implementation into the future.

10. Information, engagement and consultation – what will that mean?

We believe that to improve care for people, health and care services need to work more closely together, and in new ways. This means the public, carers, GPs, hospitals, local councils, provider organisations, the voluntary sector and commissioners all coming together to agree a plan to improve local health and care services. Helping people and families to plan ahead, stay well and get support when they need it in the most appropriate way with the resources and money we have available.

Engaging and communicating with partners, stakeholders and the public in the planning, design and delivery is essential if we are to get this right. Effective communication and engagement is a two-way process. Our activity will focus on informing, sharing, listening and responding. Being proactive is central to our communications and engagement strategy.

11. What does success look like?

Our vision for Humber Coast and Vale is that we have a system that supports everyone to manage their own care better; reduces dependence on hospitals and uses our resources more efficiently. To achieve this, our health and care system needs to change.

If we get this right, together we will engage patients, people who access health and social care, carers, staff and communities from the start, allowing us to develop services that reflect their needs so that we can improve outcomes by 2020/21.

12. What role does local government play?

The [NHS shared planning guidance](#), published in December 2015, explained that the success of STPs will depend on having an open, engaging process that harnesses the energies of clinicians, patients, carers, citizens, and local community partners including the independent and voluntary sectors, and local government through Health and Wellbeing Boards. Indeed, around the country, a number of STP footprints are being led by local government leaders.

13. What is the role of the Health and Wellbeing Boards?

Health and Wellbeing Boards have a vital role to play in supporting, confirming and challenging the work of the STP. Boards consider the wider issues that can impact on health, such as social deprivation, education and housing. They aim to improve integration between local health care, social care, public health and related public services so that patients and other service-users experience more "joined up" care, particularly between health care and social care. The boards are also responsible for leading locally on reducing health inequalities.

14. Submission plans – what are they?

Health and care organisations across the NHS and Local Government in Humber Coast and Vale have been working together to develop the five year STP since April 2016.

As the STP develops, plans have to be submitted to a group of national bodies including NHS England, NHS Improvement and the Local Government Association. There have been two submissions so far, the first in June 2016, with a more detailed set of proposals submitted on 21 October 2016.

This is a five year plan and the focus is on providers and commissioners collectively returning a currently unsustainable health and care system to long-term sustainability by 2020/21. Our planning for the STP is therefore emerging as we understand better how we collectively deliver sustainability, and our submissions to date represent checkpoints on how our plan is evolving.

15. Our work to date and what will happen next?

Year one (2016/17) and planning to date as a system has been about jointly agreeing our priorities and designing the local place-based plans that can close the gaps and improve outcomes. This will provide an agreed foundation from which we can effectively plan and prioritise the transformation required over five years.



Public engagement will follow on the detail of our proposals. So far we have:

- ✓ Submitted our **outline vision** to NHS England – this is the “30th June” plan.
- ✓ Established a **vision and priorities**
- ✓ Established our **system governance**
- ✓ Submitted our **latest set of proposals** to NHS England for review and feedback. This is the “21st October plan”.
- ✓ Published our proposals.